



One Day Intro to Equine Assisted Psychotherapy, Equine Facilitated Learning & Equine Assisted Learning. PROVENCE, FRANCE

Our Introduction to Equine Assisted Psychotherapy, Equine Facilitated Learning & Equine Assisted Learning is a professional development workshop open to mental health practitioners, teachers, coaches, referral agencies, and people interested in equine assisted practice. This 1-day workshop will introduce you to the innovative and fast-growing fields of Equine Assisted Psychotherapy (EAP), Equine Facilitated Learning (EFL) and Equine Assisted Learning (EAL).

Our internationally renowned EAAPI approach can be considered as "accompagnement assisté par le cheval" so practitioners trained in this approach can join and subsequently be accredited by the relevant peak body in France (Syndicat des Professionnels d'Accompagnement Assisté par le Cheval – SynPAAC).

EAAPI is a member of IAHAIO and HETI, and Trainer Meg Kirby is a member of IAHAIO Terminology Committee and Competencies Committee, steering and supporting best practice for equine-assisting services and animal-assisted services around the world.

Where: **Provence, France**
When: Saturday 20th June 2026
Time: 9:30am – 4:30pm
Payment: AUD\$297 plus 10% tax
Register: admin@equinepsychotherapy.net.au

How is the workshop delivered?

This is an in-person workshop where participants learn through **experiencing a taste of EAP, EFL and EAL** and being introduced to contemporary terminology, knowledge and practices in the increasingly popular field of equine assisted practice around the world.

How is the training delivered?

Should you decide to continue your learning, our EAP and EAL Foundation Training is offered in-person via a 3-week immersion experience in Central Victoria, Australia each February, and also online live each week via Zoom, or self-paced for independent learners.

What are the learning objectives?

- Gain an understanding of EAP, EFL and EAL as emerging and powerful clinical practice and/or social-emotional learning for interested Teachers, Coaches, Psychiatrists, Psychologists, Social Workers, registered Counsellors and Psychotherapists
- Learn the history of the fields of AAT, EAT, EAMH, EAP and EAL/EFL
- Develop an understanding of why and how horses are included in clinical practice, experiential learning and coaching
- Learn what EAP/EFL/EAL can look like 'in the field'
- Understand how the Institute's Model of EAP and EAL supports learning through doing, re-wiring neural pathways, including the lens of interpersonal neurobiology and animal science
- Learn our theory or change, trauma-informed practice, psychotherapy principles and practices
- Learn about our innovative I-Thou Horsepersonship approach – ethical and consensual relating with horses
- Experience an EAP/EFL/EAL taster – participate in or observe a demonstration session (with herd of horses) to enhance understanding
- Get questions answered by an experienced and knowledgeable trainer
- Help you decide if this work is for you!

REGISTRATIONS & ENQUIRIES

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