## PLEASE NOTE: This training includes personal growth and development work, as it is a psychotherapy model and requires ‘inside out learning’ to understand and apply. It is not an information or knowledge-based training, rather an experiential learning process, that incorporates psychotherapy theory, principles and practice methodology. If you have experienced trauma or significant psychological issues, it does not preclude you from the training, however, please discuss your needs and the demands of the program in a phone interview/conversation to assess suitability and approach to keeping you safe.

##

## Contact Information

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| **Name:** |  |
| **Address:** |  |
| **Mobile/Phone:** |  |
| **Email:** |  |
| **Age:** |  |
| **Emergency Contact:****(Name and Phone Number)** |  |
| **Do you have:**(circle / delete as appropriate)**(NOTE – these are all requirements of the online training and failure to meet all or any prior to or during the duration of the course may result in ineligibility to begin or continue in the program.)** | Please indicate your understanding of the following:* I have safe access to animals for practice throughout the training. **YES / NO**
* I am prepared and open to participating fully, communicating my needs, and accepting support from the training team **YES / NO**
* I am open to participating in practice sessions throughout training **YES / NO**
* I have a reliable internet connection **YES / NO**
* I have a private area to participate in training (e.g. a study or office) to maintain confidentiality, without interruption, and other individuals present. **YES / NO**
* I have a laptop, tablet, or PC to attend online training. *Mobile devices are not suitable, and any devices used must be fixed (on a desk or stand) and* not moving throughout the duration of training. **YES / NO**
* I have basic skills in filming and uploading assessment videos to YouTube to share (or a commitment to learning and practicing these skills prior to training commencement). **YES / NO**
 |
| **Training Interest:** |  **AAL / AAP** |
| **Class you are registering for:** | **Tuesday afternoon: 4pm – 7pm Victoria, Australia Time** |
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|  **Delivery Mode** | **Dates** |
| **Online via Zoom with an EAAPI trainer****Class size will dictate course length. Students must be prepared for training to run for up to 40 weeks.** | **Class will commence on Tuesday 4th March 2025 and run for 40 weeks, with your final class scheduled for 2nd December 2025 (TBC).****There will be three weeks off during training, these are scheduled for:****- Tuesday 22nd April 2024****- TBC****- TBC** |

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## Qualifications, Professional Work Experience and Current Occupation

### Please briefly list relevant areas of expertise and work skills, including areas of horsemanship, counselling, psychotherapy/mental health, equine assisted psychotherapy/learning, coaching, etc. *Please include your current occupation.*

If you are applying for the **AAP Training**, please supply proof of registration as a Mental Healthcare Professional (e.g. Registration/Membership with AASW, ACA, APA, AHPRA, APS, PACFA etc.)

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## Specialist Species

### Please specify which animal/s you are hoping to work with in your counselling/psychotherapy or experiential learning (e.g. one dog, herd of goats, cats, small animals such as rabbits, farm animals, etc)?

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## Medical Conditions

### Please indicate any relevant health conditions that you think would be useful for us to know throughout this online training.

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## Psychotherapist/Facilitator

### Do you have experience as a Psychotherapist/Facilitator? If yes, please list.

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## Animals

### Tell us about your experience with animals.

### (*beginner, intermediate, advanced, understanding of animal psychology, please be specific)*

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## Objectives

### What do you hope to achieve from completing this Practitioner Training? (*wants, goals, vision, etc.)*

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## Interest

### What has drawn you to this work with animals?

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## Background

### Have you ever seen a Counsellor/Psychotherapist? If yes, what was your experience of the therapeutic process? How long, focus of work, usefulness?

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## Strengths and Talents

### What do you see as your strengths/talents and underdeveloped areas/limitations both personally and professionally?

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## Support

### What supports you to learn and how can we best support you?

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## Participation

**Attendance and active participation are vital components of this training. This is an experiential training that requires practicing the professional qualities and practices of psychotherapists and experiential learning practitioners, namely, being present, focused, professional, deeply listening, responding, attuning, being relationally oriented, and aware of one's impact on others (in relationship, including group relating)**.

Please list your experience of participation in groups. Specifically, please outline your experience and ability to support yourself within group settings, to stay safe within discussions of personal nature and to reach out for support if needed.

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## Psychiatric History

### Have you ever received a formal psychiatric diagnosis (if so, what was the diagnosis, when was it given and what treatment have you received)?

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## Trauma History

### Please share anything about your trauma background that you feel is relevant for your participation in our training.

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## Other

### Is there anything further you feel is important for us to know about you personally or professionally?

*(Including unique/important experiences, feelings, wants, etc.)*

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## How did you hear about us?

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## Payment

You will be invoiced for payment before the commencement of training.

**Payment for the course is per Module, as follows:**

**Module 1** Foundation Training $2,000 (plus GST)

**Module 2** Foundation Training $2,000 (plus GST)

**Module 3** Foundation Training $2,000 (plus GST)

**This includes 6 x (1:1) mentoring and supervision sessions throughout the duration of the training (and within 12 months of the commencement of your training). You will need to film and submit facilitation sessions and receive feedback in your 1:1 sessions.**

### Payment of the course fee is required two weeks prior to the commencement of each Module in the Foundation Training. If students withdraw from the program after commencement, course fees will not be credited to future training.

### Fees are non-refundable.

**Please sign below to indicate you have read and agree to the Payment and refund conditions.**

|  |  |
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| **Name (printed):** |  |
| **Signature:** |  |
| **Date:** |  |

## Intellectual Property

Enrolment and participation in the program are conditional upon the student accepting and agreeing to the following:

Students do not intend to utilise any of the intellectual property provided, the EAAPI model or their position as a student for any reason, including (but not limited to) conducting their own training in Animal Assisted Psychotherapy/ Learning or Interventions, providing content to other training organisations or any other activity not explicitly authorised by The Equine and Animal Assisted Psychotherapy Institute.

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| **Name (printed):** |  |
| **Signature:** |  |
| **Date:** |  |

## Required Texts

As a requirement to complete your Intensive Training, you will need to purchase the following four books (e.g. online bookstores such as Booktopia, Amazon or other bookstores):

*Required Reading:*

1. Skills in Gestalt Counselling & Psychotherapy, Joyce & Sills (2018)
2. Equine Therapy Exposed, M Kirby (2021)
3. Nourished, M Kirby (2022)
4. The Emotional Lives of Animals: A Leading Scientist Explores Animal Joy, Sorrow, and Empathy — and Why They Matter, M Bekoff (2008)
5. Making Animals Happy: How to Create the Best Life for Pets and Other Animals, T Grandin (2009)

*Recommended Reading (not compulsory):*

1. Handbook on Animal-Assisted Therapy, A Fine (2019)
2. Animal-Assisted Psychotherapy: Theory, Issues and Practice, N Parish-Plass (2013)
3. The Pig Who Sang to the Moon: The Emotional World of Farm Animals, J Moussaieff Masson (2004)
4. Dogs Never Lie About Love: Why Your Dog Will Always Love You More Than Anyone Else, J Masson (1998)
5. Are We Smart Enough to Know How Smart Animals Are? F, de Waal (2017)

## Personal Attributes of Animal Assisted Practitioners

Everyone brings their own personal attributes to their decisions and actions. These are internalised values and capacities that shape how we relate to others and to our environment, and may operate consciously or unconsciously. Our personal attributes are conveyed through our communication and behaviour in our relationships with clients and colleagues. It is beneficial to be aware of and examine our own personal attributes in order to support our ethical development. Many of the personal attributes considered important in counselling and psychotherapy, and experiential learning and personal development facilitation, have ethical components. As ethical virtues are enacted through particular behaviours, these virtues can be taught and practiced. At The Institute, the values and needed personal capacities include:

* Self-Awareness
* Other awareness – relational awareness and field awareness
* Kind and respectful communication
* Understanding the significance of Somatic Awareness
* Care for others
* Courage to take choiceful risks and challenges

Please share your reflections regarding these personal attributes and your commitment to developing these qualities throughout your interactions with the Institute, during training and in the wider community. Please sign below to indicate your understanding and commitment to the development of these personal qualities in the context of the training.

***Please be aware that a breach of the demonstration of these personal qualities and attributes could lead to the student being exited from the training program, given group safety is paramount.***

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| **Name (printed):** |  |
| **Signature:** |  |
| **Date:** |  |

## Photographic / Media Consent

### I hereby consent to the collection and use of my personal images by photography or video recording.

### I acknowledge these may be used on The Equine and Animal Assisted Psychotherapy Institute website, in newsletters and publications as well as distributed to members.

### I further acknowledge that my image may be used by The Equine and Animal Assisted Psychotherapy Institute and other media, to promote events in the future.

### I understand that no personal information, such as names, will be used in any publications unless express consent is given.

### I also understand that my consent can be withdrawn at any time in writing to The Equine and Animal Assisted Psychotherapy Institute at admin@equinepsychotherapy.net.au

### I give this consent voluntarily.

|  |  |
| --- | --- |
| **Name (printed):** |  |
| **Signature:** |  |
| **Date:** |  |

## Queries

### For all queries contact The Animal Assisted Institute at admin@animalassistedinstitute.com or phone 0437 882 600.

The content of your application will be considered with the utmost respect to your privacy.

### Thank you for completing this application form and your interest in training with The Equine and Animal Assisted Psychotherapy Institute.

## Further Information

### On confirmation of your placement in training, you will receive a **Welcome Letter** that will include further information.