

APPLICATION FORM 2025

Module 1, 2 and 3 ONLINE Foundation Training in The Equine and Animal Assisted Psychotherapy Institute (EAAPI) Model *Equine Assisted Psychotherapy* and *Equine Assisted Learning*

PLEASE NOTE: This training includes personal growth and development work, as it is a psychotherapy model and requires ‘inside out learning’ to understand and apply. It is not an information or knowledge-based training, rather an experiential learning process, that incorporates psychotherapy theory, principles and practice methodology. If you have experienced trauma or significant psychological issues, it does not preclude you from the training, however, we will arrange phone interview / conversation to discuss your needs, and the demands of the program to assess both the suitability of the training, and the best approach to keeping you safe.

Contact Information				
Name:				
Street Address:				
Suburb/Town:				
	State:		Postcode:	
Mobile/Phone:				
Email:				
Age:				
Emergency Contact (Name and Mobile):				
Do you have: (circle / delete as appropriate) (NOTE – these are all requirements of the online training and failure to meet all or any prior to or during the duration of the course may result in ineligibility to begin or continue in the program.)	<ul style="list-style-type: none"> Safe access to horses for practice and assessment throughout the training? YES / NO A reliable internet connection? YES / NO A private area to participate in the training (e.g. Study or Office) to maintain confidentiality, without interruption and other individuals present? This is essential for student safety and wellbeing and is each student’s responsibility to maintain throughout the duration of the training. YES / NO A laptop, tablet or PC to attend online training. Note mobile devices are not suitable and any devices used must be fixed (on desk or stand) and not moving throughout the duration of training? YES / NO Basic skills in filming and uploading assessment videos to YouTube to share (or a commitment to learning and practicing these skills prior to training commencement)? YES / NO 			
Training Interest:	EAL / EAP			

Class time: Monday morning 9am – 12pm (VIC time)

Delivery Mode	Dates
Online via Zoom with an EAAPI trainer Class size will dictate course length. Students must be prepared for training to run for up to 40 weeks.	Class will commence on Monday 3rd March 2025 with your final class scheduled for 15th December 2025. There will be three weeks off during training, these are scheduled for: - Monday 21st April 2025 - Monday 9th June 2025 - Monday 15th September 2025

Medical Conditions

Please indicate any relevant health conditions that you think would be useful for us to know throughout this online training.

Qualifications and Professional Work Experience

Please briefly list relevant areas of expertise and work skills, including areas of horsemanship, counselling, psychotherapy/mental health, equine assisted psychotherapy/learning, coaching, etc.

If you are applying for the **EAP Training**, please supply proof of registration as a Mental Healthcare Professional (eg. Registration/Membership with AASW, ACA, APA, AHPRA, APS, PACFA etc.)

Psychotherapist/Facilitator

Do you have experience as a Psychotherapist/Facilitator? If yes, please list.

Horses

Do you have any experience with horses?

(beginner, intermediate, advanced, understanding of horse psychology, experience in liberty, groundwork and ridden work – please be specific)

Objectives

What do you hope to achieve from completing this Practitioner Training?

(wants, goals, vision, etc.)

Interest

What has drawn you to this work with horses?

Background

Have you ever seen a Counsellor/Psychotherapist? If yes, what was your experience of the therapeutic process? How long, focus of work, usefulness?

Strengths and Talents

What do you see as your strengths/talents and underdeveloped areas/limitations both personally and professionally?

Support

What supports you to learn and how can we best support you?

Participation

Attendance and active participation are vital components of this training. This is an experiential training that requires practicing the professional qualities and practices of psychotherapists and experiential learning practitioners, namely, being present, focused, professional, deeply listening, responding, attuning, being relationally oriented, and aware of one's impact on others (in relationship, including group relating).

Please list your experience of participation in groups. Specifically, please outline your experience and ability to support yourself within group settings, to stay safe within discussions of personal nature and to reach out for support if needed.

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Psychiatric History

Have you ever received a formal psychiatric diagnosis (if so, what was the diagnosis, when was it given and what treatment have you received)?

Trauma History

Please share anything about your trauma background that you feel is relevant for your participation in our training.

Other

Is there anything further you feel is important for us to know about you personally or professionally? *(Including unique/important experiences, feelings, wants, etc.)*

Payment

Payment for the course is per Module, as follows:

Module 1 Foundation Training \$2,000 (plus GST)

Module 2 Foundation Training \$2,000 (plus GST)

Module 3 Foundation Training \$2,000 (plus GST)

This includes 6 x (1:1) supervision sessions throughout the duration of the training (and within 12 months of the commencement of your training). Your 1:1 supervision sessions will require you to film and submit facilitation sessions for feedback.

Payment of the course fee is required two weeks before the commencement of each Module. If students withdraw from the program after commencement, course fees will not be credited to future training. Fees are non-refundable.

Please sign below to indicate you have read and agree to the Payment and refund conditions.

Name (printed):	
Signature:	
Date:	

Intellectual Property

Enrolment and participation in the program are conditional upon the student accepting and agreeing to the following:

Students do not intend to utilise any of the intellectual property provided, the EAAPI model or their position as a student for any reason, including (but not limited to) conducting their own training in Equine or Animal Assisted Psychotherapy/ Learning or Interventions, providing content to other training organisations or any other activity not explicitly authorised by The Equine and Animal Assisted Psychotherapy Institute.

Name (printed):	
Signature:	
Date:	

Agreement and Signature

By submitting this application, I affirm that the facts set forth in it are true and complete, I understand and consent to the refund policy.

Name (printed):	
Signature:	
Date:	

Required Texts

As a requirement to complete your Intensive Training you will also need to purchase and read the following four books (e.g. online bookstores such as Booktopia, Amazon or other bookstores):

Required Reading:

1. Skills in Gestalt Counselling & Psychotherapy, Joyce & Sills (2018)
2. Equine Therapy Exposed, M Kirby (2021)
3. Horses, Love & Science: The 8 Commitments, M Kirby (2023)
4. Modern Horse Training, Volume One, A McLean (2022)

Recommended Reading (Not Compulsory):

1. An Introduction to Equine Assisted Psychotherapy, M Kirby (2016)
2. The Clinical Practise of Equine Assisted Therapy: Including Horses in Human Healthcare, L Hallberg (2017)
3. The Equine-Assisted therapy Workbook, Leif Hallberg (2017)
4. Equine Behavior: A Guide for Veterinarians and Equine Scientists, Paul McGreevy (2012)

Photographic / Media Consent

I hereby consent to the collection and use of my personal images by photography or video recording.

I further acknowledge that my image may be used by The Equine and Animal Assisted Psychotherapy Institute and other media, to promote events in the future. I understand that no personal information, such as names, will be used in any publications unless express consent is given.

I also understand that my consent can be withdrawn at any time in writing to Meggin Kirby, at admin@equinepsychotherapy.net.au or 459 Telegraph Road, Mt Prospect, VIC, 3364.

I give this consent voluntarily.

Name (printed):	
Signature:	
Date:	

Personal Attributes of Equine Assisted Practitioners

Everyone brings their own personal attributes to their decisions and actions. These are internalised values and capacities that shape how we relate to others and to our environment, and may operate consciously or unconsciously. Our personal attributes are conveyed through our communication and behaviour in our relationships with clients and colleagues. It is beneficial to be aware of and examine our own personal attributes in order to support our ethical development. Many of the personal attributes considered important in counselling and psychotherapy have ethical components. As ethical virtues are enacted through particular behaviours, these virtues can be taught and practiced. At The Institute, the values and needed personal capacities include:

- Self-Awareness
- Other awareness – relational awareness and field awareness
- Kind and respectful communication
- Understanding the significance of Somatic Awareness
- Care for others
- Courage to take choiceful risks

Please share your reflections regarding these personal attributes and your commitment to developing these qualities throughout your interactions with the Institute, during training and in the wider community. Please sign below to indicate your understanding and commitment to the development of these personal qualities in the context of the training.

Please be aware that a breach to the demonstration of these personal qualities and attributes could lead to the student being exited from the training program, given group safety is paramount.

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Name (printed):	
Signature:	
Date:	

Queries

For all queries contact The Equine and Animal Assisted Psychotherapy Institute at admin@equinepsychotherapy.net.au or phone 0437 882 600.

The content of your application will be considered with the utmost respect to your privacy. Thank you for completing this application form and your interest in The Equine and Animal Assisted Psychotherapy Institute.

Further Information

On confirmation of your placement in the training, you will receive a **Welcome Letter** which will include further information including local accommodation options.

Please Note: The Institute reserves the right to exit students who are not a good fit for the training program, who breach the participation policy, the training agreements, or the personal qualities & behaviour expectations, as deemed by the Institute faculty and Head of Learning.